



LEVEL 4 INSTRUCTOR SELF-ASSESSMENT SKILL SHEET

Master-Level Instructional Competency

(Full-spectrum instructional mastery; all behaviors now evaluated)

Scoring Rules

- Critical items (C) must all pass
- Total possible points: **81**
- Total points for regular instruction: 63
- Total points for bonus materials possible: 18
- Passing: **≥ 50 points** + all criticals
- Completing Level 4 indicates mastery of the full instructional model

LEVEL 4 TOTAL:

Total Possible: 81 **Score:** _____

Requirement to complete Level 4: ≥ 50 points + ALL criticals passed

Important Note:

At this level of instruction, there should be an effort to give an honest evaluation of the instructor over a multi-day delivery. You cannot prove mastery in a single 45-minute delivery. So on this evaluation sheet, there's an additional 18 points that can be gathered for things that are not typically happening in a class, such as a disruptive student or a projector bulb going out. We don't expect these things to happen. They are not part of the generalized scoring paradigm. But if it does happen and you do handle it properly, you can actually go above the 50 points needed.

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	Skill	Point	Score
Preparation	Built a full lesson arc (open → tension → development → resolution)	1	
	Designed intentional energy waves across the lesson	1	
	Incorporated multi-layer engagement planning	1	
	Identified potential confusion points and pre-built solutions	1	
	Created multiple alternate examples customized for learner profiles	1	
	Built-in opportunities for learning verification	1	
	Designed flexible timing windows (expand/contract sections)	1	
	Ensured background, voice, and persona matched the topic	1	
	Rehearsed pivot options for unexpected questions	1	
	Incorporated planned humor with correct positioning	1	
	Adapted the lesson design to anticipated audience maturity	1	
	Prepared multiple narrative paths (A/B/C routes)	1	
	Instructor had a full, deliberate strategy, not "just teaching slides"	C	
	Instructor did NOT begin presenting without a complete lesson plan	C	
Narrative Control	Created a compelling narrative spine throughout	1	
	Employed high-quality callbacks	1	
	Used contrasts, reversals, and reveals intentionally	1	
	Demonstrated layered complexity without losing clarity	1	
	Balanced storytelling with instruction seamlessly	1	
	Maintained an adaptive persona (serious → warm → energetic) as needed	1	
	Occupied space intentionally to direct attention	1	
	Demonstrated complete removal of filler language	1	
	Used silence as a rhetorical tool	1	
	Deployed emotional pacing (e.g. humor → gravity → curiosity)	1	
Timing	Executed pacing arcs through the entire lesson	1	
	Managed time with precision	1	
	Compressed/expanded content on demand	1	
	Demonstrated confidence through natural rhythm	1	
	Cleanly accelerated or decelerated energy without losing flow	1	
	Instructor did NOT lose narrative cohesion at any point	C	
	Instructor did NOT allow timing failures to damage content delivery	C	



Engagement Mechanics	Used layered engagement (e.g. warm invite → prompt → reasoning probe)	1	
	Used complex “what if?” sequences	1	
	Built audience perspective into the explanation (“you’re probably thinking...”)	1	
	Employed a tension-and-release cycle perfectly	1	
	Used guided discovery (“walk with me through this...”)	1	
	Used cognitive misdirection strategically (“you probably guessed wrong here...”)	1	
	Landed at least one sharp pivot moment	1	
	Demonstrated mastery of eye-contact patterning	1	
	Seamlessly integrated humor as connective tissue	1	
	Used emotional connection to sustain attention	1	
Teachback, Learning Checks and Cognitive Recognition	Executed a full teach-back cycle	1	
	Used scenario-based verification	1	
	Introduced an “explain it like you’re teaching someone else” drill	1	
	Corrected a mis-explained idea cleanly	1	
	Used reflective prompts (“why does this matter?”)	1	
	Captured confusion signals and adapted in real time	1	
	Modeled high-level reasoning pathways	1	
	Managed energy drain by triggering a controlled re-engage moment	1	
	Demonstrated audience empathy & insight	1	
	Orchestrated multi-step engagement chains	1	
	Instructor did NOT allow engagement gaps exceeding 3–5 minutes	C	
Engagement remained coherent, no chaos, no derailment	C		
Improvisation and Recovery	Improvised a clear, relevant example flawlessly	1	
	Pivoted strategically in response to imagined audience needs	1	
	Made a mid-lesson structural change smoothly	1	
	Demonstrated resilience and self-correction	1	
	Improvisation must never introduce major inaccuracy or confusion	C	
Instructor did NOT break persona, composure, or professionalism under simulated pressure	C		



Slide independence and Multi-Mode delivery	Delivered a section with slides used only as accents	1	
	Demonstrated perfect timing between narrative and visual elements	1	
	Enhanced a visual with advanced commentary	1	
	Used imagery to trigger emotion or curiosity	1	
	Tied multiple visuals into a coherent story	1	
	Avoided redundancy entirely	1	
	Taught deeply even with minimal visuals	1	
	Demonstrated slide-optional mastery across the whole arc	1	
	Highlighted subtle elements on a visual verbally	1	
	Transitioned seamlessly between modes	1	
	Used a visual surprise moment for impact	1	
	Maintained instructional authority throughout	1	
Bonus Points	Modeled correction of a misinformed student tactfully	1	
	Demonstrated ability to de-escalate tension using tone & posture	1	
	Showed command over hypothetical class chatter	1	
	Demonstrated posture-based proximity control	1	
	Deflected a hypothetical challenge with professionalism	1	
	Managed a simulated "difficult student" case	1	
	Identified a disruption pattern and redirected without breaking flow	1	
	Prevented side-tracking while validating curiosity	1	
	Modeled emotional neutrality under pressure	1	
	Repaired a self-made mistake without eroding trust	1	
	Demonstrated multi-path recovery after losing a thought	1	
	Used humor to resolve a breakdown	1	
	Anticipated objections and handled them preemptively	1	
	Maintained forward momentum even during improvisation	1	
	Showed full confidence regardless of disruption type	1	
	Delivered a full section with no slides at all	1	
	Corrected a misleading slide verbally	1	
Correctly ignored a slide when narrative didn't need it	1		

